



BITTING QUESTIONNAIRE

The following information will help us make a recommendation:
(It might also help you work out by yourself what it is about your current bit that your horse is resisting and what sort of bit would work better for him, - but if you would like help, please don't hesitate to contact us.)

- What is the age & breed of the horse?
- What discipline does the rider follow, do they compete and to what level?
- How many times a week is the horse ridden?
- When was the last time the horse's teeth were checked by a Vet or good Equine Dentist?
- What bits - in particular which mouthpieces - have been used on the horse?
- Which bit encouraged the best response?
- Which bit encouraged the worst response?
- What changes does the rider want to see in the horse?
- What is the skill level of the rider?
- **What sort of temperament does the horse have? How long does it take to get him back & focused after a spook?**

Remember:

- **All forms of bit resistance are due to the horse trying to escape tongue pressure**
- **The tongue is the gateway to the neck, shoulders, and front of the horse.**
- **Tongue pressure interferes with his ability to swallow, relax and move freely.**
- **A tense horse cannot listen to what its rider is asking it**

However, the tongue remains an important point of contact to allow the rider to control the horse, so the amount of tongue freedom we can give depends very largely on the horse's temperament, as well as his level of training and understanding of the rider's other aids.

Look at exactly where and how the problem bit has been acting and address that in your choice of an alternative. bit.

The mouthpiece of a bit is the most important thing for the horse. The cheek has more to do with rider preference or discipline. The cheek does affect the action of the bit a little, but the mouthpiece should be chosen first.

For further help and information, please contact Equine Equip

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